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The publication of the BRC Bulletin is made possible by contributions from our dedicated and talented employees. The articles and pictures were written, taken and formatted by BRC employees. Their contributions are greatly appreciated! We sincerely hope that you enjoy this edition of the Boswell Regional Center Bulletin, October 2017 Issue.

Boswell Regional Center Bulletin



A Publication for Employees, Family and Friends of BRC



The 2017 Boswell Homecoming game began with the Hurricane Pep Rally. For the 10th year, Magee's Jr. High Band and Cheerleaders performed before the Boswell family of individuals, staff and volunteers. As always, their program brought much joy to everyone and contributed greatly to the excitement of the day. Although the Boswell Regional Center Homecoming is only in its 3rd year, it follows in the tradition of the old Sanatorium homecomings going back to the 1940s. In fact, the campus will celebrate its 100th Anniversary on February 4, 2018.

This year's maids exhibited a beauty and enthusiasm that would rival those in any homecoming court in America. This is due to the efforts of the maid sponsors and community supporters, especially Angie Berry and Dr. Rudy Runnels. Congratulations to Ms. W. Bunt of Pell City, Alabama, on being selected the 2017 BRC Homecoming Queen. Following the Homecoming festivities, the 13th Annual BRC Fall Ball kicked off under clear skies on a pleasant 75 degree afternoon.

Simpson Academy coaches Marney Walker and Winston Mullins brought a powerful ground attack that left the Hurricanes feeling more like a tropical depression. The Cougar's C. Cockrell kept the Hurricanes chasing his shadow during the first half. Cockrell's two touchdown runs of 40 and 55 yards behind the blocking of D. Drennan almost put the game out of reach. Second year Hurricane head coach James Randolph and assistant Milton King were able to help the Hurricanes regain their strength after an interception by W. Tselepis. In the ensuing tidal wave, W. Turnage and S. Banks scored the game's two final touchdowns in the closing minutes of the fourth quarter. Hats off to the Simpson County Academy Cougars for once again proving they're heroes both on and off the field of sports.

During the day's events, Jennifer Chennault and the BRC Nutritional Services Department served pink lemonade at the Breast Cancer Awareness booth. Carla Nichols was the lucky winner of this year's door prize.



Boswell Regional Center

Homecoming







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otlight on Consuela Johnson



Resides: Monticello, MS

Favorite Color: Green

Favorite Team: Chicago Bulls

Favorite Food: Pork Chops

Favorite Restaurant: Pappadeaux Seafood Kitchen

Favorite Vacation Spot: Bahamas

Favorite Music: Gospel and Jazz

Favorite Song: Never Would Have Made It (Marvin Sapp)

Favorite Movie: A Question of Faith

Consuela Johnson

Favorite Hobbies: Singing, Spending Quality Time with Family and Close Friends, Shopping, Helping Others

Consuela is the mother of two beautiful daughters (Shakita and Dominique) and a grandmother (Nonnie) to two amazing granddaughters (Ariel and Sariah). She received her Master of Arts in Community Counseling in 2008, from Chicago State University, Bachelor of Arts in Psychology/Business Administration in 2002 from Chicago State University and received her Mental Health Addiction Therapist certification in 2014. Consuela has twenty plus years of integrated experience, various IL licenses and certifications that include counseling, management, administration, real estate and customer service skills. She is currently working at MS Adolescent Center (MAC) as a Qualified Intellectual Disabilities Professional (QIDP).

Consuela is a native of Illinois, but she relocated to Mississippi in 2010. She began working at MAC in February 2012. She is a member of Macedonia MBC in Collins, MS, under the leadership of Dr. Michael O. Evans, Pastor. Consuela states, "I enjoy seeing people smile, because yesterday is a memory, tomorrow is not promised, and all we have is the gift of today. Everyone is a 10 in something and helping others develop their gift is rewarding; treating others with respect and dignity is a must!" Her favorite saying is to always have a heart of thanksgiving, and her favorite scripture is "For by grace are ye saved through faith; and that not of yourselves: it is the gift of God: Not of works, lest any man should boast."

Ephesians 2: 8-9

Meet Brandon Hammons



Brandon Hammons

Years of Service: 3years Resides: White Oak Favorite Color: Blue Favorite Team: MSU Favorite Food: Pizza Favorite Restaurant: Anywhere I go with family Favorite Vacation Spot: Cozumel, Mexico Favorite Music: Demi and Sam Smith Favorite Song: Tell Me You Love Me by Demi Favorite Movie: A Madea Christmas Favorite Hobby: Cooking with my parents

Brandon is the son of Keith and Sandy Hammons. He has one older sister, Hannah, a younger brother, Matthew, and a little sister, Halle. Brandon has lived on a farm his entire life. After 23 years on the farm he has grown to enjoy the quietness and the beautiful sceneries of God's creations. Brandon graduated from Raleigh High School with honors in 2013. After graduation, he attended Jones Junior College. He began working at Boswell Regional Center in August 2014. Brandon states, "I love my job and the people I work with. Every day I leave Boswell Regional Center is a day that I know I've been able to improve the life of somebody who deserves it."

Fair Fun!



It wasn't quite the usual weather for the Annual MS State Fair, but who cares with all of the blinking lights, the aroma of food and people stirring around?! Everyone always awaits for October to creep around because it's State Fair time. Everyone had an amazing time!



Boswell's Annual Fall Festival was held on October 19, 2017, at Green Park. The weather was perfect! Campus individuals, community individuals, and staff came together for a night of fun. The smell of popcorn was in the air along with some sweet drifts of cotton candy. Several activities were available such as Plinko, toss the ball in the witches pot, face painting, fortune teller, go fish, Wheel of Fortune, haunted house, and a hay ride. Pet therapy was even available for anyone that wanted to pet Donna Vella. A great time was had by all. There is a lot of hard work put into this event every year, and it would not be possible if the staff were not as dedicated as they are. Thank you to the staff for having such caring hearts for the ones BRC serves. Plans are already being made for next year's Fall Festival.

















Green Park







Boswell Regional Center























Treat Street was a success again this year! A big thanks to M. Copeland and W. Keyes for passing out all of the amazing treats to the little ghosts and goblins. They loved all of the costumes and smiling faces.









Day of Diversity is a coordinated effort by the Departmental of Mental Health. The purpose of Day of Diversity is to bring people of different races, cultures, and ethnic backgrounds together. The Day Services Programs at Dream Extreme and Dream Haven did an exceptional job of setting up and decorating on October 30th. There were several tables that displayed money, clothing, and food from different countries. Green punch and cupcakes with green icing were served.

In and Around BRC



Happy Boss' Day! Bill Blair, MR/QA Director



L. McGriff wins a prize at the SCCAA Community Health Fair



Day Services individuals giving flyers to local businesses in support of the Masquerade Jewelry Sale



Recent visit to the Aquarium in New Orleans



W. Warren shows off his air brushed t-shirt from the State Fair



D. Robertson fascinated with the many animals

Boswell Regional Center

BRC Orientation Classes



October 1st Orientation Class: Top row left to right: Avdolo Franks (Fairway), Deseriae Owens (Morton), Tiffany Cook (Oakbrook), Anthony Harper (Ridgeview), Sasha Haynes (Oakplace), LaQuetta Smith (Broadhead), Adam Hughes (Fairway), Shelby Ainsworth (Pinelake) Middle row left to right: Grace Walker (Pinelake), Aerial Coleman (Oakbrook), Shamirrea Walker (Pinelake), Jessica Hills (Ridgeview), Rose Hill (Statefarm). Bottom row left to right: Cindy Hall (CedarCrest), Brandi Hemphill (Pinelake), Olivia Blackwell (Pinelake), Davonta Calero (Fairway), Jessica Pickle (Pinelake)



October 16th Orientation Class: Bottom row left to right: Ashley Pittman (Community Floater), Octavia Burrell (Community Floater), Angelica Goudy (Community Floater) 2nd row left to right: Varia Whitlock (Morton), Brianna McGee (Oakbrook), Chandler Lott (Community Floater) 3rd row left to right: Akissa Booker (Oakbrook), Sharon Jaynes (Community Floater) 4th row left to right: Jeffery Magee (Supported employment), Katrina Hall (Pinegrove), Bobby Applewhite (Fairway) Top row left to right: Rachel Guelle (Pinelake), Marsha' Robinson (Pinelake) Not pictured: Monquaivs Craft (Ridgeview)



BRC EOM



During the October Directors' Meeting, Boswell Regional Center recognized Employees of the Month in the area of support/professional staff. Employees of the Month for September are pictured **Left to Right:** Gerald Payne, Morton Group Home; Mattie Rogers, Morton Group Home; Francis Lofton, Oak Brook and Ken Hammons, Community Services. Congratulations to each of you!





In Loving Memory of Sondra Wells-Arthur

Sondra was our co-worker, our friend, and our sister. She was one of a kind for sure. She was kind, compassionate, gentle, caring, and most importantly, a Christian. She loved her friends, her family, her job and most of all she loved her Lord and Savior. We loved talking with Sondra. She was always willing to listen. We could count on her to keep our secrets and never judge. She saw the good in everyone and the positive in every situation. While our hearts are broken, we know that Sondra is in a better place; no more pain and no more suffering. We also know that she has so many jewels in her crown that she will hardly be able to hold her head straight. We will miss Sondra with our whole hearts, but we know this is not the end. Earth is our temporary home.

For God so loved the world, that he gave His only begotten Son, that whosoever believeth in Him shall not perish, but have everlasting life.

John 3:16











True Humility

Forty thousand fans were on hand in the Oakland stadium when Rickey Henderson tied Lou Brock's career stolen base record. According to USA Today, Lou, who had left baseball in 1979, had followed Henderson's career and was excited about his success. Realizing that Rickey would set a new record, Brock said, "I'll be there. Do you think I'm going to miss it now? Rickey did in 12 years what took me 19. He's amazing."

The real success stories in life are with people who can rejoice in the successes of others rather than letting it turn to bitterness and envy. What Lou Brock did in cheering on Rickey Henderson should be a way of life in the Christian family. Few circumstances give us a better opportunity to exhibit Christian character than when someone succeeds and surpasses us in an area of our own strength and reputation.

Philippians 2:3 (KJV)

Bro. Rudy Jackson, BRC Chaplain "Let nothing be each esteem other

"Let nothing be done through strife or vainglory; but in lowliness of mind let each esteem others better than themselves." Bro. Rudy

Mission Statement

Boswell Regional Center offers Specialized program options to Mississippians with Intellectual and Developmental Disabilities. These programs are designed to identify the necessary supports for successful community transition. With collaboration between the individual, family, and community, dreams can become reality.

Where Dreams Can Become Reality

CEN





WHAT IS PHISHING?

Phishing is a psychological attack used by cyber criminals to trick you into giving up information or taking an action. Phishing originally described email attacks that would steal your online username and password. However, the term has evolved and now refers to almost any message-based attack. These attacks begin with a cyber criminal sending a message pretending to be from someone or something you know, such as a friend, your bank or a well-known store.

These messages then entice you into taking an action, such as clicking on a malicious link, opening an infected attachment, or responding to a scam. Cyber criminals craft these convincing-looking emails and send them to millions of people around the world. The criminals do not know who will fall victim, they simply know that the more emails they send out, the more people they will have the opportunity to hack. In addition, cyber criminals are not limited to just email but will use other methods, such as instant messaging or social media posts.

WHAT IS SPEAR PHISHING?

The concept is the same as phishing, except that instead of sending random emails to millions of potential victims, cyber attackers send targeted messages to a very few select individuals. With spear phishing, the cyber attackers research their intended targets, such as by reading the intended victims' LinkedIn or Facebook accounts or any messages they posted on public blogs or forums. Based on this research, the attackers then create a highly customized email that appears relevant to the intended targets. This way, the individuals are far more likely to fall victim.

This poster was developed as a community project. Contributors include: Cheryl Conely (Lockheed Marin), Tim Harwood (BP), Tonia Dudley (Honeywell), Ellen Powers (MITRE Corporation), Shanah Johnson (Reserve Bank of Allanta) and Terri Chihota.

WHY SHOULD I CARE?

You may not realize it, but you are a phishing target at work and at home. You and your devices are worth a tremendous amount of money to cyber criminals, and they will do anything they can to hack them. YOU are the most effective way to detect and stop phishing. If you identify an email you think is a phishing attack, or you are concerned you may have fallen victim, contact your help desk or security team immediately. To learn more about phishing or to demo the SANS Securing The Human phishing testing platform, please visit <u>http://www.securingthehuman.org/phishing</u>.

DON'T GET HOOKED

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From: Package Delivery <david37428@gmail.com> =

- Subject: Package Not Delivered
 - Date: December 15, 2013 16:48 GMT -5:00
 - 1 Attachment, 154 Kb

Dear Customer, -

Unfortunately we unable to deliver you package this morning. We will be making two more attempts in the next 48 hours. If we are unable to deliver your package we will return to sender. Please verify that your delivery address is correct by clicking on the link below, or updating the attached document.

Order# 44187

Shipping Tracking Information

Tracking #: 129Y424V039787851X Tracking Information: http://www.fedex.com/tracking/129Y424V039787851X Ship Date: 12/10/2013

Thank you, Package Delivery Specialist

int.

PackageTracking.pdf (91 kb)

PHISHING INDICATORS

- A Check the email addresses. If the email appears to come from a legitimate organization, but the "FROM" address is someone's personal account, such as @gmail.com or @hotmail.com, this is most likely an attack. Also, check the "TO" and "CC" fields. Is the email being sent to people you do not know or do not work with?
- Be suspicious of emails addressed to "Dear Customer" or that use some other generic salutation. If a trusted organization has a need to contact you, they should know your name and information. Also ask yourself, am I expecting an email from this company?
- Be suspicious of grammar or spelling mistakes; most businesses proofread their messages carefully before sending them.
- Be suspicious of any email that requires
 "immediate action" or creates a sense of urgency.
 This is a common technique to rush people into making a mistake. Also, legitimate organizations will not ask you for your personal information.
- Be careful with links, and only click on those that you are expecting. Also, hover your mouse over the link. This shows you the true destination of where you would go if you clicked on it. If the true destination is different than what is shown in the email, this is an indication of an attack.
- Be suspicious of attachments. Only click on those you are expecting.
- G Be suspicious of any message that sounds too good to be true. (No, you did not just win the lottery.)
- H Just because you got an email from your friend does not mean they sent it. Your friend's computer may have been infected or their account may be compromised. If you get a suspicious email from a trusted friend or colleague, call them on the phone.

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http://www.evilhacker.ru/exploit.php

POSITIONS AVAILABLE (Magee, Brookhaven, New Hebron and Shivers)

Direct Support Professionals are needed for all shifts and locations. If you believe that helping people

matters, then we need you at BRC!

For more information contact: Human Resources 601-867-5000 Ext. 75079

> P. O. Box 128 Magee, MS 39111



Boswell Regional Center

Where dreams can become reality.

Mission Statement

Boswell Regional Center (BRC) offers specialized program options to Mississippians with Intellectual and Developmental Disabilities (IDD). These programs are designed to identify the necessary supports for successful community transition. With collaboration between the person, family, and community, dreams can become reality.

Programs

Boswell Regional Center programs offer an extensive range of program and service options to those with Intellectual and Developmental Disabilities (IDD). The primary goal of each existing program using a person centered approach is to allow each person to live more independently and to fulfill their lives through meaningful days.

Programs and services offered through BRC include:

Community Options:

- In Home Services
- Community Living
- Crisis Transition Homes
- Employment Opportunities
 - Day Options
 - Behavior Services
 - Autism Services



Campus Options:

On Campus Residential Services

On Site Day Programs

Membership Information

Indicate at right which type of membership you wish by circling the appropriate amount.

Name:

Address:_____ City:_____

State:_____

Zip Code:

Phone:

Email:

Please make your check payable to: Friends & Family Association P.O. Box 128 Magee, MS 39111 Annual Membership Fees Single/BRC Employee - Free Single/Non-employee \$5 Bronze \$25 Silver \$50 Gold \$100

\$500

Fundraisers

Platinum

Some examples of fundraisers that have been held are:

Scrub Sales

Jewelry Sales

Book Fairs

RADA Knives

T-shirt Sales

Special Hosted Events

Purpose

To promote and support the individuals of Boswell Regional Center

To foster the development of programs on their behalf

To recognize and reward the efforts of employees of Boswell Regional Center

To raise and receive funds for the accomplishment of the above purposes.

Boswell Regional Legier's



Boswell Regional Center

Boswell Regional Center Post Office Box 128 Magee, MS 39111 Telephone: 601-867-5000 www.brc.state.ms.us A MS Department of Mental Health Facility



Boswell Regional Center's Friends & Family Association is a non profit all volunteer organization that works to ensure Boswell individuals are valued and loved.

All monies received from memberships are donated to the organization to purchase items for the individuals served by Boswell Regional Center.

Donations

Donations may be made in memory or honor of a loved one: In Memory of ______ In Honor of _____

By:

Acknowledgement should be sent to the following:

Name:	_
Address:	
State: Zip Code: _	_
Phone: ()	
Email:	

Boswell Regional Center

Friends & Family Association P.O. Box 128 Magee, MS 39111

Boswell Regional Center Friends and Family Association



Where Dreams Can Become Reality!